



SO YOU'VE GOT QUESTIONS ABOUT CORONAVIRUS

What is Coronavirus?

Coronavirus or Covid-19 is a virus that affects the respiratory system (lungs, nose, mouth, throat and other body parts involved in breathing). It is passed from person to person through droplets from sneezes, coughs, runny noses, and saliva. So if someone sneezes on their hand and then touches a door handle then another person touches that same handle and then touches their face, they can become infected with the virus. That is why it is so important to wash our hands and avoid touching our faces!

I'm a kid. Doesn't that mean I can't get Coronavirus?

No. Some people have been saying that kids aren't affected by Coronavirus. Scientists believe that coronavirus may not make kids as sick as adults, but kids can get sick and maybe pass it to someone else who can get sick.

Why are we staying home from school?

All of the adults at school want you and your family to be safe and healthy. Scientists are recommending that we stay home and avoid large crowds, like a classroom, a movie theater or a restaurant. We are staying home from school to slow the virus from spreading.



What should I do to stay safe?

1. Wash your hands often and before you eat. Wash them for at least 20 seconds and make sure you get the space in between your fingers and the back of your hands clean! Sing the Alphabet Song 2 times!
2. Try to avoid touching your nose, mouth, eyes and whole face with unwashed hands.
3. Practice Healthy Habits! Eat healthy foods, drink lots of water and get some exercise .
4. If you sneeze or cough, sneeze into a tissue or the inside of your elbow.
5. Follow directions from the trusted adults in your life.



Do I really have to do school work at home?

Yes! It is important to keep your brain thinking and growing.