

At Lincoln Elementary we are helping students to have a growth mindset. When students believe they can get smarter or do hard things they understand that effort makes them stronger.

You can do the same things at home to encourage kids to not give up.

Praise for

Effort
Strategies
Hard Work
Persistence
Rising to a Challenge
Learning from Mistakes

Not For

Talent
Being Smart
Born Gifted
Not Making Mistakes

Ask

What did you do today that made you think hard?
What mistake did you make that taught you something?

Say

Mistakes help you improve.
Let's see what other strategies you can try.

For more information about Growth MindSET.
Visit <https://biglifejournal.com/>

